



**Department of Health** Whats App line 0600 123 456

Coronaviruses (CoV) are a large family of viruses that cause illness ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS-CoV) and Severe Acute Respiratory Syndrome (SARS-CoV).

Common signs of infection include respiratory symptoms, fever, cough, shortness of breath and breathing difficulties. In more severe cases, infection can cause pneumonia, severe acute respiratory syndrome, kidney failure and even death.

A new coronvirus called COVID-19 was identified in China and is associated with an outbreak of pneumonia

# **HOW IT SPREADS**

The COVID-19 spreads mainly via respiratory droplets produced when an infected person coughs or sneezes.

### The COVID-19 is spread through :

- The air by coughing or sneezing
- Close personal contact such as touching or shaking hands
- Touching an object or surface with the virus on it, then touching your mouth, nose or eyes before washing your hands



## **SYMPTOMS**

Mild to severe respiratory illness with:

#### ILLNESS BENEFITS

### WHO IS AT GREATER RISK?

Travelers to affected areas. People coming into contact

- fever
- cough
- difficulty breathing
- sore throat

The complete clinical picture with regards to COVID-19 is still not clear.

with infected groups of infected individuals.

Patients with underlying illness and the elderly appear to be at increased risk of severe illness.





Cough



Trouble breathing

**MEASURES IN PLACE** 

### TREATMENT

• Protocol s are in place for fol low up of case contacts to

- Ensure that the virus does not spread
- Gatherings of more than 100 people is prohibited
- Travel ban on foreign nationals from high- risk countries such as Italy, Iran, South Korea, Spain, Germany, the United States, the United Kingdom and China as from 18 March 2020

#### Government has put in place a variety of initiatives to assist Employers and Employees during this time; that being

- The Unemployment Insurance Fund aimed to compensate affected workers through a new "National Disaster Benefit" and its existing Illness, Reduced Work Time and Unemployment benefits.
- Temporary Employer Employee Relief Scheme (managed by the CCMA), is intended to provide a structured agreement as an alternative to retrenchments during this time

Treatment is supportive(e.g, provide oxygen for patients with shortness of breath or treatment for fever)

- There is no specific antiviral treatment available.
- Antibiotics do not treat viral
- infections . However, antibiotics may be required if bacterial secondary infection develops.



COVER YOUR NOSE AND





**MAINTAIN A DISTANCE OF 1** METER BETWEEN YOURSELF AND ANYONE WHO IS



**COUGHING OR SNEEZING** 



AVOID CONTACT WITH SICK PEOPLE

## **CORONA VIRUS OUTBREAK 24-HOUR HOTLINE NUMBER:0800 029 999**



**"Posted information subject to change based on government** communicated updates and amended regulations" 26 March 2020

WASH HANDS WITH WATER AND SOAP/SANITIZER